Sara L’Allier

PSA Rough Draft

Speak Laurie Halse Anderson

Sexual Abuse

Becoming a victim of sexual abuse shatters your world.

Sexual Abuse makes you wonder who you are...

Sexual Abuse leaves you feeling

confused

trapped

ashamed

alone

worthless

This is all part of the abuse.

With help these feelings will begin to clear.

The abuse is not your fault or responsibility.

YOU ARE NOT ALONE.

reach out

to a friend

to a teacher

to a professional

speak (even just a few words)

be heard

be safe

be supported

(Number to call if you or a friend have been a victim of sexual abuse)

You are not alone, we have experience helping women who have suffered sexual abuse and we

are here to help you. Speak, be heard, and begin to heal.